

How to Read & Support Family DISC Styles



Watch the behavior of the person you are “reading.” This is not an attempt to label another person, but it is an attempt to learn to understand, support and leverage their unique style strengths and challenges.

Where does the person you are reading seem to fit?

	STYLE	SUPPORT
D Directing	Courageous, outspoken	Slow them down/remember the details
I Influencing	Supportive, generous	Clarify personal needs, offer support when needed
S Steady	Reserved, quiet, kind	Increase urgency/take a risk!
C Conscientious	Reserved, contemplative	Focus on realistic standards, collaboration vs. isolation